

7.2.1 Best Practices of the Institution

Best Practice –One

1. **Title of the Practice: Counseling Cell**

2. **Goal:**

The goal of counseling is to facilitate positive behavior changes, improve students' ability to establish and maintain social relationships, promote their decision making process, help students to understand their potential and cope effectively with the problems they face.

3. **The Content:**

Counseling is a collaborative effort between the counselor and the client. Counselor helps the clients to identify problem and find potential solution to problem. It includes development of self-esteem and coping skills in the clients.

4. **The Practice:**

The institution has a separate counseling cell with certified counselor who continuously observes students in their daily activities and find out students having emotional or social problems. They develop healthy client- counselor relationship and help them to develop self-esteem and coping skills. The students are free to approach the counselors whenever needed.


5. **Evidence of Success:**

Most of the students who have approached the counseling cell demonstrate an increased understanding of daily processes and interactions. They start engaging themselves in group activities and have sound social interaction.

6. **Problems Encountered and Resources Required:**

The challenges encountered by counseling cell are

- a) Lack of cooperation from students.
- b) Married female students are unwilling to provide details of their in-laws.
- c) Male students do not come up with their problems.


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Best Practice –Two

1. Title of the Practice: Morning Assembly

2. Goal:

The aim is to begin the daily process of learning through a spiritual development through Morning Prayer. The college is pledge bound for the inculcation of values in its students. In its vision and mission it clearly states that it is bound to produce morally strong future teachers. This aim can be achieve through value education.

3. The Context:

The alumni of the college, old and young all have vivid memory of the morning assembly starting with a prayer and cherish it even today. The continuation of this practice in the present times witnessing tremendous socio-economic changes have been a great challenge but the college has continued with this practice.

4. The Practice:

The morning assembly is practiced in the college for 15 minutes before the classes begin. It includes the prayer of the Goddess of Wisdom, Maa Saraswati, followed by the thought for the day. The teachers daily assess the students in their behavior and the expected behavior is briefed in the assembly on daily basis.

The Assembly is addressed by the Principal on several occasions regarding college affairs. It is followed by the announcement regarding academic or co-curricular activities whenever required.

Finally, the Assembly also has a brief current events program announcing the major national, international, sports, economic and entertainment news. The Morning Assembly serves as a great means of dissemination of information among teachers and students.


Our teachers, Music Department teacher, B.Ed. and B.T.C teachers and students play an important role in arranging the morning assembly.

5. Evidence of Success:

The success of this practice is evident from the fact that it has continued since the beginning of institution without any break. This practice has been able to serve the purpose which it intends to.

6. Problems Encountered and Resources Required:

No great resources are required to successfully implement this practice.


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